

2023 Grandfather Mountain Highland Games  
Track and Field

**High Jump - Women's**

1	Amelia Rogers	Bryson City, NC	5'-0"
2	Kimora Chawik	Salisbury, NC	5'-0"
3	Amanda Pasko	Charlotte, NC	4'-10"

**High Jump - Men's**

1	Oisin Ledford	Waynesville, NC	4'-0"
2	Russell Bradley	Charlotte, NC	4'-6"
3	Todd Ross	Mt. Carmel, TN	4'-4"

**Long Jump - Men's**

1	Ty Smith	Elizabethton, TN	18'-8"
2	Nathan Pierce		16'-7-1/2"
3	John Ross	Mt. Carmel, NC	16'-6"

**Long Jump - Women's**

1	Sasha Ledford	Waynesville, NC	15'-5-1/2"
2	Amanda Pasko	Charlotte, NC	15'-2"
3	Aliah Caster	Rogersville, TN	14'-11"

**Triple Jump - Men's**

1	Nathan Pierce	Franklin, TN	36'-0-3/4"
2	John Ross	Mt. Carmel, TN	35'-2-1/4"
3	Garry Ankrom Jr.	Union Mills, NC	34'-0-1/2"

**Triple Jump - Women's**

1	Amanda Pasko	Charlotte, NC	30'-9-1/2"
2	Sasha Ledford	Waynesville, NC	28'-11"
3	Sophia Randolph	Houston, TX	26'-11-1/4"

**Pole Vault - Women's**

1	Sasha Ledford	Waynesville, NC	11'-0"
2	Aliah Laster	Rogersville, TN	9'-6"
3	Amelia Rogers	Bryson City, NC	8'-6"

**100 Yard Dash - Women's**

1	Tai'lah Ward	Salisbury, NC	:11.4
2	Sasha Ledford	Waynesville, NC	:12.37
3	Dashia Canada	Salisbury, NC	:13.1

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**100 Yard Dash - Men's**

1	John Ross	Mt. Carmel, TN	:10
2	Ty Smith	Elizabethton, TN	:11
3	Joseph Pearson	Raleigh, NC	:11.3

**220 Yard Dash - Women's**

1	Kimora Chaulk	Salisbury, NC	:32
2	Dashia Canada	Salisbury, NC	:32.7
3	Carissa Chambers	Johnson City, TN	:34

**220 Yard Dash - Men's**

1	Ty Smith	Elizabethton, TN	:25
2	Ricky Huckabee	Burnsville, NC	:30
3	Kody Walker	Hinsdale, IL	:46

**440 Yard Dash - Women's**

1	Amanda Pasko	Charlotte, NC	01:10.0
2	Dashia Canada	Salisbury, NC	01:14.0
3	Carissa Chambers	Johnson City, TN	01:18.0

**440 Yard Dash - Men's**

1	Ty Smith	Elizabethton, TN	00:58.0
2	John Ross	Mt. Carmel, TN	01:00.0
3	Kody Walker	Hinsdale, IL	01:00.6

**880 Yard Dash - Women's**

1	Madelyn Sursi	Charlotte, NC	03:01.0
2	Amanda Pasko	Charlotte, NC	03:02.0
3	Carissa Chambers	Johnson City, TN	03:12.0

**880 Yard Dash - Men's**

1	Justin Fischetti	Wilmington, NC	02:30.0
2	Colin Hackman	Wilmington, NC	02:32.0
3	Garry Ankrom, Jr.	Union Mills, NC	02:47.0

**1 Mile Run - Women's**

1	Carissa Chambers	Johnson City, TN	06:36.0
2	Madelyn Sursi	Charlotte, NC	07:05.0
3	Alaina Sursi	Mooreville, NC	09:21.0

**1 Mile Run - Men's**

1	Colin Hackman	Wilmington, NC	05:11.0
2	Justin Fischetti	Wilmington, NC	05:29.0
3	Nathan Stofik	McLeon, VA	05:31.0

**2 Mile Run - Men's**

1	Logan Williams	Wendell, NC	12:13.0
2	Aaron Hale	Raleigh, NC	12:55.0
3	Kevin Stroud	Raleigh, NC	16:08.0

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**Outstanding Athlete - Women's**

Amanda Pasko Charlotte, NC

**Outstanding Athlete - Men's**

Ty Smith Elizabethton, TN