

2018 Grandfather Mountain Highland Games  
Track and Field

**Pole Vault - Men's**

1 Alan Cox	Johnson City, TN	9'-0"
2 Johnnie Dye	West Union, SC	8'-6"
2 Julia Parr	Johnson City, TN	8'-6"
3 Heather Caps	Asheville, NC	8'-2"

**High Jump - Men's**

1 Christian Carswell	Morganton, NC	5'-6"
2 Jon McKinney	Winston-Salem, NC	5'-4"
3 Nate Watson	Seymore, TN	4'-0"

**Long Jump - Women's**

1 Carissa Chambers	Johnson City, TN	11'-10"
2 Karson Woodie	Lenior, NC	10'-8"
3 Kelly Crawley	Johnson City, TN	8'-8"

**Long Jump - Men's**

1 Christian Carswell	Morganton, NC	18'-10-1/2"
2 Jon McKinney	Winston-Salem, NC	16'-0"
3 Joshua Gregory	Johnson City, TN	15'-10"

**Triple Jump - Women's**

1 Carissa Chambers	Johnson City, TN	24'-4"
2 Kelly Crawley	Johnson City, TN	19'-2-1/2"
3 Karson Woodie	Lenior, NC	

**Triple Jump - Men's**

1 Christian Carswell	Morganton, NC	39'-4-1/2"
2 Jon McKinney	Winston-Salem, NC	37'-8-1/2"
3 Nate Watson	Seymore, TN	

**100 Yard Dash - Women's**

1 Heather Capps	Asheville, NC	:13.82
2 Julia Parr	Johnson City, TN	:14.34
3 Karson Woodie	Lenior, NC	:14.5

**100 Yard Dash - Men's**

1 Ryan Hastings	Raleigh, NC	:10.6
2 Christian Carswell	Morganton, NC	:11.12
3 Ryan Towler	Florence, SC	:11.12

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**100 Yard Dash - Men's Masters**

1 Daniel Patane	Greenwich, NY	:12.6
2 Alan Cox	Johnson City, TN	:13.29
3 Neal Graham		:21.82

**220 Yard Dash - Men's**

1 Ryan Hastings	Raleigh, NC	:26.97
2 Christian Carswell	Morganton, NC	:27.88
3 Camden Woodie	Lenoir, NC	:40.21

**440 Yard Dash - Men's**

1 Ryan Hastings	Raleigh, NC	1:09
2 Aaron Hale	Raleigh, NC	1:10
3 Joshua Gregory	Johnson City, TN	1:15

**880 Yard Dash - Men's**

1 Ryan Hastings	Raleigh, NC	2:31
2 Aaron Hale	Raleigh, NC	2:33
3 Camden Woodie	Lenoir, NC	2:49

**1 Mile Run - Men's**

1 Ryan Hastings	Raleigh, NC	5:24
2 Aaron Hale	Raleigh, NC	5:26
3 Sarah Slavik	Buford, GA	6:53

**2 Mile Run - Men's**

1 Aaron Hale	Raleigh, NC	11:32
2 Lee Bradley	Charlotte, NC	13:12
3 Joshua Gregory	Johnson City, TN	13:59

**Outstanding Athlete - Men's**

Ryan Hastings	Raleigh, NC
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